

# Elemental Temple

વિનય લાભ



શિવતાં શિવમવાત ઇં શિવે વાવેરબં





1. त्र्यम्बक (31.20)

2. श्रीं (31.45)

3. श्रीं (31.04)

According to ancient yogic science  
specific lengths of meditation have  
unique effects on the psyche and anatomy.  
It is said that thirty-one minutes balances  
all the layers of the mind's projection.



# କଥକି

The Element of Pure Space and Sonic Frequencies, it is associated with the celestial realms, sound waves and the astral planes. It is connected to vibration, resonance and harmonics. It is the fifth element of communication and creation.

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## Void

This is the Element of Pure Potential,  
the Quantum Field, the Unlimited and Vast.  
It is from where all creation is born.  
It is both Everything and Nothing,  
the darkness before the light,  
the No-thingness with the richness  
of the Cosmic Womb.  
Potent and fertile with  
possibilities and opportunities.





## spirit

This is Cosmic Consciousness, the Thousand  
Petaled Lotus.

It is Pure Energy, the Holy Light of Truth,  
connecting us to Father Sky, Wakantanka,  
(great mystery) and the Heavenly Realms.

This is the home of the ascended ones, the  
masters and the ancestors;

it is the Spirit World beyond the Veil.

This is the Cool Flame of Awareness and the  
Flaming Torch of Enlightenment.



All tracks written by Kwali Kumara and Pete Ardron  
Vocals by Kwali  
Recorded, produced, mastered by Pete at Pink Hamster, London

Text by Kwali, Design by Pete  
Photo of Kwali by Richard Cave

Love and gratitude to our families - Astro, Kosmo, Kaliki Star, Jody, Sam, Alia, Ricardo, our late Mums Jill and Terri and everyone helping us from the other side, especially Magda, to Tish, Rich, Kat, Marc, Rob, Sid, Zillah, the Valley Road crew (John, Elli, Joana, Leeroy, River, Josh, Natalie and Barish), to Daniel and Ensancha El Alma (wish you were here) and all those not listed here who support us and bring joy and inspiration into our lives - we hope you know who you are!

*Kwali* *Pete*  
x x

[www.kundalinitemple.com](http://www.kundalinitemple.com)  
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